



Skin and Coat Supplements:

When it comes to supplements in the pet industry the market is HUGE! There are so many products and let's be honest, it's hard to tell the good from the bad sometimes. We are here to give you a quick debrief on what to look for that makes a good skin and coat supplement. The best supplement for your pet may also depend on the reason you are looking for a supplement. Does your pet just have dry skin and/or dandruff/flaking issues? Are you looking for an adjunct treatment to address your pet's allergies? Does your pet have a greasy coat? The answer to these questions may change what type of supplement you want to look for. For some conditions an oral supplement may be best, but for others you may need to look into topical care with a shampoo or mousse type of product.

So let's get into it! The backbone of most skin and coat supplements is going to be Omega 3's and fatty acids. Omega 3's help to reduce inflammation but also help to support the natural skin barrier by helping keep it hydrated and healthy. Not to mention, omega 3's are great for other body systems as well such as urinary, heart and joint health! Welactin and Dermaquin are both products manufactured for both dogs and cats containing omega 3's.

Have a pet with allergies? You may need to step it up and look at additional supplements other than just omega 3's. So what are some other products. Redonyl is a product made by Dechra focusing on allergic pets. Redonyl is marketed for both dogs and cats. Its active ingredient is Ultra-micronized palmitoylethanolamide or PEA. PEA is a naturally occurring fat molecule. This molecule works to stabilize mast cells. How is this helpful? Mast cells are inflammatory cells that are responsible for allergic reactions. They contain histamine granules. Histamines are responsible for making you and your pets itchy! PEA helps to keep mast cells from degranulating or releasing all those itch-inducing histamine molecules. Want to combat allergies two ways? Consider adding in a topical treatment. DouxoS3 Calm is a great option! This product contains the active ingredient ophytrium. This is a naturally occurring ingredient that works on all three layers of the skin function. It helps provide relief from skin irritation, hydrate itchy skin, supports the normal microbial flora (normal fungi and bacteria on the skin), and helps support the natural skin barrier. DouxoS3 comes in many forms. We recommend the shampoo and mousse combo regiment.

Dealing with dandruff, flaking or greasy skin? DouxoS3 SEB is a great option. Again, this product contains ophytrium and is used to support skin health at three levels but also to control odor and regulate sebum production to help fight against the dry and flaky or the oily and greasy coats. It should be noted that some medical conditions can cause excessively dry and flaky or oily and greasy skin as well so be sure to talk to your veterinarian to get the best recommendation for your pet.

Want some other recommendations on good general skin and coat supplements that contain a combination of beneficial ingredients? Feel free to check out Theracoat, Dermoscent, and EicosaCaps. Still overwhelmed? We can break it down even easier by recommending some good companies backed by research: Vetquinol, VetriScience, Dechra, Nutramax, CEVA, and Bayer.

